

2023 Lineman Challenge Philosophy

This competition is a great opportunity to get your lineman working and competing together, while establishing unit chemistry.

The Lineman Challenge allows players to use body control, balance, quickness, agility and strength.

The competition will also incorporate explosiveness, foot movement, and leverage—staples of line play!

The Lineman Challenge is a special event just for the “guys up front.” This is a chance for them to show their skills, have fun and compete against each other.

Who is the best of the Big Guys up Front!



Cost is \$170 per 5 man school entry

Checks made payable to:

Friends of Greater Lawrence Football

All forms must be postmarked by:

June 3, 2023

2023 Locations

Albany/Capital Region
Shaker HS, NY

Long Island/NYC Region
Farmingdale HS, NY

New Jersey - Central
Sayreville. HS, NJ

West Chester/NYC
Carmel HS, NY

Massachusetts - North Shore
Greater Lawrence Tech, MA

Space is limited!!

Sign up early!!

Check us out on:

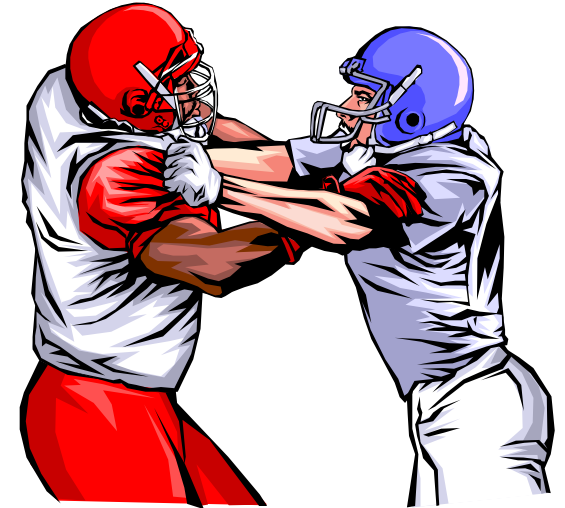
Facebook: Big Uglies Lineman Camps

Twitter: Bigugliesinc



2023 BIG UGLIES LINEMAN CHALLENGE

Coollest lineman event on the east coast!



When: Saturday June 17, 2023

***Where: Greater Lawrence Tech Football Field
57 River Road, Andover MA 01810***

***Time: Registration begins - 10:00am
Competition begins - 10:15am***

Eligibility:

Any HS lineman with football eligibility for the 2023 season.

Important Competition Notes

- You must compete as a group of five (5) lineman.
- Schools may enter multiple teams. No switching teams.
- Winning team and coach will receive a tee shirt.
- A light refreshment stand will be available.
- Wear work out gear – Bring a pair of sneakers.
- Cleats and football gloves are allowed.
- Each school is required to have a football program representative present at the competition.
- Due to an injury you may finish the Team Competition with four (4) lineman. All injuries must be documented by the on site medical staff, Lineman Challenge Director and Team Rep.
- Lineman Challenge staff will make the final decision over all events, behaviors or actions of all contestants and spectators.
- No refunds after June 1, 2023
- Any questions or concerns - please get in contact.
- Rain or shine event.

All participants must play and have a roster position “on the line” for at least one side of the ball. Anyone found trying to beat the rules will be disqualified and banned for life.

*****All competitors must have high school eligibility for the 2023 season*****

ANY QUESTIONS PLEASE CONTACT:

Steve Hladio
Lineman Challenge Director
2 Sandalwood Court
Albany, NY 12208
518-210-3113
stevehladio@gmail.com

Tony Sarkis
Greater Lawrence Tech
478 Crystal Street
Haverhill, MA 01832
978-764-2836
Tsarkis@glts.net

List of Events

- 1. Bench Press**
Total repetitions of 185lbs. will be added together for a grand total.
- 2. Sled push**
A 5 man or 1 man sled must be pushed for 20 yards while staying within the course.
- 3. Sack the QB course**
Player must work their way through an obstacle course in an effort to sack the QB.
- 4. Farmers Walk**
Starting at the goal line carrying two 80-lb dumbbells to their partner 25 yards away.
- 5. Shiver Ball agility course.**
Player must push ball through a 15 yard course.
- 6. Tractor Tire Flip**
Player must flip a tractor tire 10 times while staying in the course.
- 7. Tug of War**
Blind draw for bracket.
Teams are 10 yards apart.
Time limit for stalemate.
Pull the flag over the line.
- 8. Mystery events will be added**
Selected on day of event.

Scoring system

Points awarded on a ranking system
Cumulative point total wins

Awards

“Iron Line”

This award will go the TEAM with the best cumulative score in all events.

Team Registration Form-(L)

School Name: _____

Head Football Coach: _____

Cell Phone: _____

Email: _____

Print Neatly

Lineman#1 _____

Shirt Size **XL** **XXL** **XXXL**

Lineman#2 _____

Shirt Size **XL** **XXL** **XXXL**

Lineman#3 _____

Shirt Size **XL** **XXL** **XXXL**

Lineman#4 _____

Shirt Size **XL** **XXL** **XXXL**

Lineman#5 _____

Shirt Size **XL** **XXL** **XXXL**

Football Program Representative attending:

Cell Phone # _____

Shirt Size **XL** **XXL** **XXXL**

Registration deadline: June 3, 2023

Mail registration form & fee to:

**Tony Sarkis
478 Crystal Street
Haverhill, MA 01832**